

# NORDEN

C O S M E T I C S





# NORDEN

C O S M E T I C S

Massage is a valuable treatment for mind, body and spirit.  
It improves concentration, calms, organizes thoughts, allows you  
to catch your breath and stop the pace of life for a moment to feel that the globe  
is still spinning, the birds are singing and life is beautiful.

In 2012, the family-owned company *Norden cosmetics* was created in Latvia.

It is important for us that after the massage the client is truly happy  
with the treatment and the massage therapist is satisfied with the work process.  
That's why we use the best natural ingredients and fragrance compositions  
of essential essences created in our company.

Thanks to this, we have excellent cosmetics that provide a long-lasting,  
balanced and effective result not only on the skin, but the body as a whole  
receives an unprecedented richness of sensations and aromas.

Currently, *Norden cosmetics* is recognized as one of the leading brands  
of professional body cosmetics.

Over the years, *Norden cosmetics* has been highly rated by SPA hotels,  
day spas, beauty and massage salons, physiotherapy practices,  
as well as massage therapists and cosmetologists working individually.

*Norden cosmetics* has received the main award as the best manufacturer  
of SPA products in 2020 and 2022.

*Bewitched by massage*



# *The heart of the brand –* NATURAL OILS



The highest quality vegetable oils and natural butters are the heart of the brand, which is an invaluable advantage for cosmetics intended for professional massage. Natural vegetable oils contain many vitamins, micro and macro elements, polyphenols and phytosterols, and especially the polyunsaturated fatty acids Omega 3 and Omega 6. They promote skin regeneration, nourishment and deep hydration, protecting, strengthening and even healing the skin.

We use oil mixtures that we create ourselves, thanks to which the skin gets many valuable components during the massage, and the massage therapist has the pleasure and satisfaction of working with the products of *Norden cosmetics*.



Norden cosmetics uses almond, grape, sesame and other oils,  
as well as shea and cocoa butter.



**Why choose  
Norden cosmetics?**

Create a unique offer of SPA treatments with *Norden cosmetics* and enjoy our products!  
Everything is created and produced with great care.

We invite SPA & Wellness hotels for cooperation. But not only. Our doors are open  
for day spas, massage and beauty salons. For those who serve body and health care.

A SPA treatment menu can be created thanks to a selection of more than  
400 different massage products: masks, butters, lotions, oils, massage candles and  
peelings. Complement the massage with bath treatments: bath foam and sea salts.

Different textures allow you to choose the best product for your skin's needs,  
and aromas - according to the current situation and mood.

*Bewitched by massage*







## **8 reasons why is it worthwhile for massage therapists to work with Norden cosmetics products?**

- Satisfied customers, well-groomed body and beautiful fragrances.
- Wide range of cosmetics - 50 product lines, each line has up to 7 mutually combinable steps of product application.
- Natural ingredients, carefully selected plant oil compositions.
- Unusual cosmetic textures such as massage masks.
- Suitable for vegans.
- Satisfied massage specialist - they are not oversaturated with aromas and are gentle on the hands.
- Great balance of price and quality.
- Because we love massage!

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# 50 treatments

## THE TREATMENT INCLUDES:

bath salt, bath foam, massage peeling, massage mask, massage oil, massage butter and massage lotion.

## FOR RELAXATION

**Chocolate** - harmony, peace and happiness

**Chocolate-caramel** - holiday delight

**Honey-almond** - renewal and vitality

**Vitamin cocktail** - strengthening and refreshment

**Almonds** - nutrition and vitality

## LUXURIOUS

**Red wine** - anti-age and strengthening

**Gold** - richness, renewal, youth, glow

**Black pearl** - moisturizing, rejuvenating, elegance

**Silk** - regeneration and a light glow

## EXOTIC

**Exotic fruits** - energy, joy and fun

**Hemp** - euphoria, vitality, energy

**Verbena** - soothes, relaxes, refreshes

## FLOWER

**Neroli** - joy of life, femininity

**Rose garden** - elegance, care

**Dandelion** - nourishing and happy feelings, spring awakening

**Jasmine** - moisturizing, summer energy

**Peony** - elegant care, lady

**Lilac** - the essence of spring femininity

## PLANT

**Linden** - strengthening, calming, protective

**Peppermint** - freshness, coolness

**Birch buds** - spring energy that awakens body and mind

## AROMATIC

**Amber** - mental balance, youthful energy

**Lavender** - deep relaxation, calming

**Meadow** - summer joy, moisturizing, strengthening

**Northern forest** - relaxation, freshness and strength of nature

## FRUIT

**Green apple** - strengthening and moisturizing

**Red bilberry** - renewal and stimulation

**Strawberry** - moisturizing, summer freshness

**Cherry** - relaxation, summer, vitality

**Rowan berry** - moisturizing, illuminating and strengthening

**Fresh cranberries** - energy, freshness, moisturizing

**Black currants** - immunity and joy

**Peach** - velvety, toned skin

## FOR MEN

**Titan** - masculine energy, strength, vitality

**Northmen** - freshness of air and land

## ANTI-CELLULITE

**Sea freshness** - slimming and anti-cellulite effect

**Sweet orange** - stimulating and anti-cellulite effect

**Grapefruit** - slimming and anti-cellulite effect, good mood

## SLIMMING

**Oriental spices** - sensuality and mystery, slims

**Orange with ginger** - stimulation, purification, slims

**Cinnamon** - embraces, warms, soothes, slims

**Green tea** - strengthens and slims

## DETOX

**Algae treatment** - strengthens the contours of the figure

**Algae treatment with eucalyptus** - slimness and firm skin

# Body PEELINGS



The body peeling contains purified sea salt crystals that have been specially vacuum treated. Each grain of salt is spherical in shape to provide a deep and gentle peeling, allowing you to enjoy pleasant sensations during the treatment. During the peeling massage, the soluble salt has a calming effect. The combination of oils provides maximum skin care and the active and essential ingredients provide aromatherapy for the mind.

## PURPOSE OF THE MASSAGE

- Thorough cleansing, smoothing and nourishing of the skin, relaxation for the whole body.
- Cosmetics can create joy through the unique aromas and textures of natural products. Peeling can be the only or the first stage of treatment.

## HOW TO USE?

- Apply 50 g of peeling to the whole body, for softer sensations, the masseur can moisten the hands with water.
- Massage in circular motions. Rinse off the peeling residue in the shower or remove with a wet towel.
- The treatment can be continued using other Norden cosmetics products: masks, oils, butters and lotions.

## MAIN INGREDIENTS

- North Sea salt, oil butters, grape seed oil, sweet almond oil, cocoa butter, shea butter, sesame oil, essential oils and active ingredients.







# Massage OILS

*Norden cosmetics* massage oil is a mixture of natural oils that: regenerate, moisturize and cleanse the skin of toxins and improve blood circulation.

## PURPOSE OF THE MASSAGE

- The oil can be used for traditional and oriental massages. Strengthens, softens, normalizes and moisturizes the skin.
- After the massage, the skin is velvety soft, smooth and pleasant to the touch. The oily layer doesn't stay.
- The richness of essential and active substances has a beneficial effect on the body depending on the properties: relaxing or stimulating.

## HOW TO USE?

- Peeling can be used before oil massage.
- Apply 50 ml of oil on the skin and massage.
- The oil can be heated.

## MAIN INGREDIENTS

- Grape seed oil, sweet almond oil, sesame oil, active substances, essential oils.







# *Massage* MASKS

Massage masks are made from the best plant extracts, oils and butters. Massage with a mask is a triple pleasure: the texture melts perfectly on the skin, the aromas affect the senses and the active ingredients in the oils restore, moisturize and nourish. Massage it and leave the mask on the body to fully absorb the valuable substances.

## **PURPOSE OF THE MASSAGE**

- Skin nourishment and renewal, regeneration and body relaxation.
- Especially recommended for dry skin.

## **HOW TO USE?**

- Before massaging with a mask, it is possible to use the peeling stage.
- Apply 50 g of the mask on the skin and massage it. Wrap the body with a warm towel to keep it warm, massage the remaining product in after 10 minutes. Do not wash it!
- It is possible to perform wrapping treatment. After wrapping, wash your body.

## **TREATMENT TIME**

- 90 minutes: 30 minute peeling + 50 minute massage with a mask, + 10 minute wrapping

## **MAIN INGREDIENTS**

- Oil butters, grape seed oil, sweet almond oil, cocoa butter, shea butter, sesame oil, essential oils and active ingredients.

# Massage LOTIONS

The light texture of the lotion is perfect for luxurious massages. These products contain restorative oils that nourish the skin, such as silk peptides. Silver or gold minerals are added to some lotions, they give the skin a glow even after the treatment. The consistency of the lotion is very pleasant and is perceived by all skin receptors, creating a special and sensual feeling. Aromas and essential essences pamper the mind and emotions.



## PURPOSE OF THE MASSAGE

- Body nourishment and glow with a smoothing effect.

## HOW TO USE?

- Peeling can be used before massaging with lotion.
- Apply 30 ml of lotion on the body and massage.
- Lotion massage can also be a great way to finish the treatment after wrapping with a mask. In that case use only 5 ml of the product.

## TREATMENT TIME

- 90 minutes: 30-minute peeling  
+ 60-minute massage with lotion

## MAIN INGREDIENTS

- Natural butters, grape seed oil, sweet almond oil, cocoa butter, shea butter, sesame oil, essential oils and active substances, minerals, peptides.

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# Massage BUTTERS

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The richest cosmetics that *Norden cosmetics* offer. The uniqueness of this product is in the richness of ingredients that intensively restore, nourish, smoothen and stimulate the skin.

## PURPOSE OF THE MASSAGE

- Deep body rejuvenation.  
Perfect for intensive care of dry skin.

## HOW TO USE?

- Peeling can be used before massage with butter.
- Warm up a little or melt 30 g of butter (1/2 ring). Apply to the skin and massage for a long time.
- Then wrap the body with warm towel to absorb the active substances. After 10 minutes, massage in the remaining product. Do not wash it!
- Perform wrapping treatment. After wrapping, wash off the product.

## TREATMENT TIME

- 90 minutes: 30 minute peeling + 50 minute massage with butters + 10 minute wrapping

## MAIN INGREDIENTS

- Natural butters, grape seed oil, sweet almond oil, cocoa butter, shea butter, sesame oil, essential oils and active ingredients.





# *Massage* CANDLES

The heat of the flame melts the valuable vegetable oils, butters and beeswax in the candle. Pouring a small amount of warm elixir on the skin, provides a unique experience and sensation.

## **PURPOSE OF THE TREATMENT**

- Warming and soothing treatment.
- The massage has a regenerating effect on the skin and the pleasant aromas promote euphoric feelings during the treatment.

## **HOW TO USE?**

- Light a candle 3 minutes before the massage, regularly pour the melted elixir on the body - this will allow you to enjoy a warm and soothing treatment.
- 50 ml of the product will be enough for a full body massage. In winter, this will be a great SPA stage for pedicures and manicures.

## **MAIN INGREDIENTS**

- Cocoa butter, shea butter, beeswax, natural oils.



# *Bath* SALTS

Bath salts are created from the highest quality North Sea salt and natural aroma essences. This product is completely water soluble, non-foaming and therefore suitable for hot tubs and underwater massage. The richness of aromas has a positive effect on the senses, and the sodium and potassium in the salt have a draining effect on the skin. They improve blood circulation, stimulate weight loss, and accelerate the removal of toxins from the body.

## **PURPOSE OF THE TREATMENT**

- The bath treatment is an excellent introduction for a longer SPA ritual. A relaxing bath prepares the skin for the next steps.

## **HOW TO USE?**

- Dissolve 50 g of salt in the bath water

## **TREATMENT TIME**

- 20 minutes

## **MAIN INGREDIENTS**

- Sea salt, essential oils and essences.







# ***Bath*** FOAM

Bath foam is an excellent product for bath treatments. They allow you to turn the bath into a big cloud of foam, which will make the bath treatment an unforgettable experience.

## **PURPOSE OF THE TREATMENT**

- A relaxing bath prepares the skin and the client's mood for the following treatments.

## **HOW TO USE?**

- Dissolve 50ml of the product in bath water.

## **TREATMENT TIME**

- 20 minutes



# Algae MASKS

Algae regulate the metabolic processes that occur in all cells. The clay in the algae mask cleanses skin and carries out a deep detoxification process. Together, they saturate the skin with nutrients and vitamins, providing an additional moisturizing and draining effect.

## PURPOSE OF THE TREATMENT

- Algae-clay masks are a product with a strong slimming and cleansing effect

## HOW TO USE?

- Peeling can be used before the algae mask massage.
- Mix 100 grams of algae mask powder with 300 milliliters of warm water in a ratio of 1:3.
- Apply mainly to: stomach, hips, thighs, calves and arms.
- Wrap the body and use a thermal blanket. Leave for 15-30 minutes.
- The mask can be washed off in the shower or a massage oil can be used, which will "roll" the mask off the body and make the treatment more attractive and promote a deeper effect.

## TREATMENT TIME

- 70 minutes: 30 minute peeling  
+ 30 minute body mask with a heat source  
+ 10 minute massage

## MAIN INGREDIENTS

- White clay, brown algae, spirulina.





# Cosmetics

## FOR THE FACE

Two main trends in facial cosmetics - technology and massage. Both are very effective and do not have to compete with each other. *Norden cosmetics* offers cosmetics for facial massage and also for full facial treatment after injections and daily care.



### THERE ARE FOUR FACIAL LINES ON OFFER

#### CLASSIC

- It reduces the first signs of aging
- Improves the protective functions of the skin
- Gives an even color to the skin
- Smooths the skin
- Increases the level of moisture in the skin

#### MOISTURIZING

- Deep moisturizing
- Firming and lifting the face oval
- Gives an even color to the skin
- It smoothens the skin and has an antioxidant effect

#### BALMY GLANCE LINE

- Visibly reduces capillaries and skin redness
- Strong antioxidant and protective effect
- Evens out skin tone and gives it a healthy glow
- Reduces wrinkles and smooths the skin
- Increases skin moisture level

#### ANTI-AGE

- Reduces wrinkles
- Prevents signs of aging and lifts the face oval
- A powerful antioxidant with a protective effect
- Evens skin tone
- Increases skin moisture level





#### USAGE STEPS

- 1. cleansing**
- 2. massage**
- 3. strengthening**

#### THE FIRST STEP

##### *Classic cleansing milk*

###### How to use?

- Apply about 5 ml of (cleansing?) milk on the face and massage the skin for about 3-4 minutes. After - rinse thoroughly with warm water.

###### Main ingredients

- Roman chamomile flower water, sage extract, panthenol, aloe, vitamin E.

##### *Tonic*

###### How to use?

- Moisten cotton pads with tonic - about 5 ml and thoroughly clean your face with them.

###### Main ingredients

- Roman chamomile flower water, sage extract, panthenol, aloe vera.

##### *Enzyme peeling*

###### How to use?

- Apply the powder on wet skin - about 2 g and massage for about 2 minutes.
- Depending on the skin type, leave the peeling on the face for 5-10 minutes. Rinse thoroughly with lukewarm water and clean the skin with tonic.

###### Main ingredients

- White clay, sucrose, silicon dioxide, microcapsule keratinase, retinol.

#### THE SECOND STEP

##### *Massage oil*

Ideal for deep facial massage, effectively relieves muscle tension and nourishes the skin.

###### How to use?

- Apply the amount of oil suitable for the needs of the skin: about 15 ml (face, neck, décolleté) and use for massage. For a better feeling, the oil can be heated.
- After the massage, clean the skin with tonic.

###### Main ingredients

- Natural oils, panthenol, oil extracts, aloe extract, antioxidants, vitamins.

#### THE THIRD STEP

##### *Mask*

###### How to use?

- Apply the mask on the face, neck and décolleté with a brush, leave for 15-20 minutes.
- The massage can also be performed with a mask - then you should moisten your hands with a tonic.

###### Main ingredients

- **Mask base:** grape seed oil, natural oils and shea butter, coconut oil extract.
- **Classic:** panthenol, aloe, vit. E, C, D and B5.
- **Moisturizing:** kombucha, antioxidant, panthenol, aloe.
- **Balmy glance:** Asian wormwood, kombucha, panthenol, aloe.
- **Anti-aging:** tripeptide 38, kombucha, Asian wormwood, panthenol, aloe.

##### *Cream*

###### How to use?

- Apply the cream with massaging movements on the face, neck and décolleté.

###### Main ingredients

- **Base:** grape seed oil, almond oil, panthenol, natural oil extracts, extract from aloe, antioxidant.
- **Classic:** panthenol, aloe, vit. E, C, D and B5.
- **Moisturizing:** kombucha, antioxidant, panthenol, aloe.
- **Balmy glance:** Asian wort, kombucha, panthenol, aloe.
- **Anti-aging:** tripeptide 38, kombucha, Asian wort, panthenol, aloe.



# Home SPA

*Norden cosmetics* has created a product line thinking about body care at home. High-quality natural cosmetics that nourish, clean and restore the skin, but most of all affect the well-being and give positive emotions.

## PEELING

The fine particles of salt peeling ensure deep cleaning of the skin and the oil in the peeling ensures its moisturizing. The range of fragrances to choose from will transport you to an amazing land filled with flowers and fruits.

## LOTIONS

Body lotions make the skin dazzling, provide protection and firmness to the skin, in addition to leaving a soft glow, makes the skin moisturized and smooth at the same time.

## OILS

Body oils are the perfect end to your daily skin care routine - giving you a feeling of freshness and an excellent moment of regeneration. The world of natural oils perfectly harmonizes with the body and nature.



# *Bewitched by massage*







NORDEN  
COSMETICS

PEONY BODY OIL



NORDEN  
COSMETICS

PIPARMĒTRU PĪLINGS  
ļermenis

ROSA STAMBA • NOTURĪGS UZ KĀRMĒNA • AR LOOVIDA SĀSMEJUMU

NORDEN  
COSMETICS

ZĀĻĀS TĒJAS PĪLINGS  
ļermenis

NOTURĪGS UZ KĀRMĒNA • AR LOOVIDA SĀSMEJUMU

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COSMETICS